



## Ann Deaton, Ph.D., PCC, CTPC, TIPC Trainer, Facilitator, Consultant

Dr. Ann Deaton is an experienced coach who has worked with hundreds of individual leaders, teams, and organizations to help them achieve their goals. She started her career as a clinical neuropsychologist and hospital division leader. When her hospital experienced a merger, Ann realized she had a lot to learn about how to effectively lead through change. She chose to pursue her leadership coaching certification and made a career pivot to focus on coaching. A graduate of the two-year Mastery in Polarities program, she often uses a Both/And approach in her coaching to enable more effective collaboration and dialogue.

She is a Certified Team Performance Coach and has authored two books—*Being Coached: Leadership and Team Coaching from the Inside*, and *VUCA Tools for a VUCA World*. Along with Kemia Sarraf, MD, MPH, and Antoinette Dubois-Ayers, CPCC, RCC, she is co-creator of the Trauma-Informed Professional Coaching curriculum for healthcare leaders and other frontline professionals, and facilitator for Trauma Mitigation for Experienced Coaches.

Ann earned her doctorate in Clinical Psychology, with specializations in neuropsychology and health psychology, from The University of Texas.

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*“Our primary purpose in this life is to help others. And if you can’t help them, at least don’t hurt them.” – Dalai Lama*

