



Janet Goodman, Ph.D., ACC Psychologist, Coach, Researcher

Dr. Janet Goodman is a Licensed Psychologist and a Licensed Professional Clinical Counselor with a clinical private practice for 35 years. She has worked with individuals and couples on topics such as parenting issues, relationship issues, communication, anxiety, depression, trauma, retirement, and improving relationships with adult children. She is also a certified coach working with small business owners and executives. Currently, Dr. Goodman is researching leadership and employee engagement, in partnership with Mendelow Consulting Group founder, Laura Mendelow.

Drawing from life experience and guided by her entrepreneurial spirit, she created the 'Yadabag,' a bag designed to help people with diabetes or other chronic illnesses keep their medical essential items organized and at-the-ready.

She holds a PhD from Kent State University and has completed post-graduate training on working with groups at the Gestalt Institute of Cleveland.

"What isn't part of ourselves doesn't disturb us."
- Hermann Hesse

