



Julia Douglas Trainer, Facilitator, Consultant

For nearly three decades, Julia Douglas has been a facilitator and coach, leading programs for leaders and teams internationally. From up-skilling to team effectiveness, Julia designs programs to help leaders improve in key areas such as communication, leadership presence, storytelling, managing change, and strategic thinking. In addition to working with individual leaders, she helps teams and organizations that want to strengthen their relationships and their culture.

Her client list includes multinational organizations and several US and Canadian universities. Earlier in her career, Julia worked at Conklin Shows and IBM Canada in her native Canada. She has a Master's in Training and Development from Lesley University, and an undergraduate degree in Psychology from Queen's University in Canada.

"Great stories happen to those who can tell them." Ira Glass

