



# Sonia Checchia

## Communications lead and Program Support

Sonia Checchia is a communications professional with experience in internal and executive communications, change management, and event design (social and corporate). She has a background in corporate people programs, including leadership development, diversity, and employee training (learning & development). Over the past two decades, she has worked in higher education, management consulting, and supported clients that include solo-preneurs and executives in the federal government.

Trained in linguistic analysis and always listening out to spot a misunderstanding, she feels most alive when speaking another language (proficient in Italian and rusty proficient in Spanish). She has international study/work experience in Italy and Spain. She holds a Master's in Linguistics from Georgetown University and a Bachelor's in International Studies from American University.

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*"You must be the change you wish to see in the world." Mahatma Gandhi*

